

# Shine your light

**Nick says – Depression, everyone's favourite hateful companion**

Horizon gets so dark, as I can see

Who knows how long this blight and affect will be

Surrounded, engulfed, hounded and choked

Blinded and broke, I'm powerless to cope

All I need is you shine your light on

I need you to shine your light on me

Churning away, trying to work out how I'm here

Total dismay, why won't my stupid mind engage ever

Can't fight the vitriol in me

I can't do it right, can't do things right

I need you to shine your light on me

I need your help here, right now I swear

I'm drowning inside

Shine your light, shine your light on me

I need your help here, right now I swear

I'm begging, on my knees

Shine your light, shine your light on me

I just want to be, that person with a normal reality

You can make things right

Turn my black, white, and shine your light on me